

Annual Review 2023-2024



University of
Nottingham Sport



An ambitious new Vision for Sport

As 2024 draws to a close, we reflect on yet another record year for sport here at the University of Nottingham. As the 2024 Times and Sunday Times Sports University of the Year and Daily Mail Sports University of the Year, we are incredibly proud of our achievements but remain driven to accomplish more.

This year we have launched our new Vision for Sport. Closely aligned with the University's and Students' Union's strategies, it provides an exciting roadmap for the next decade for University of Nottingham Sport. Through five key priority areas we will focus on the University's plans to use sport and physical activity to further enhance the Nottingham student experience and provide an education that is more than just a degree.

At the centre of everything we do is the drive to engage with as many members of our University and local community as possible, providing the best quality experience tailored to their needs. This year, we engaged directly with over 20,000 students across our offer including 3,500 students in university-owned accommodation via their Active Living package.

We remain sector leaders for inclusive sport. British Universities and College Sport (BUCS) named Nottingham their Equality, Diversity and Inclusion Award winner as well as Workforce of the Year winner for our Black Sport Collective, who through their supportive and inspiring community network increased engagement amongst Black students by over 60% over 12 months.

For these students, staying active has a proven positive impact on their time at Nottingham. Our Impact of Sport survey carried out in May revealed that those involved in sport demonstrated a higher wellbeing and greater sense of belonging than students who are not. 89% of students also told us that sport and physical activity had a positive impact on their university experience.

In competitive sport, our student athletes and teams have continued to excel. Individual athletes took home 147 medals and our teams won 31 league titles and 18 national titles, including a seventh consecutive win for our table tennis squads. This secured us the accolade of top UK university for team sport once again and 2nd place in the overall BUCS University rankings for the fifth year running.

As the world's attention turned to Paris for the Olympic and Paralympic Games, we were delighted to see 2015 graduate Sophie Unwin and pilot Jenny Holl secure two Paralympic golds in a dominant display in the Women's Road and Track Cycling events. Hugely popular Nottingham local, weightlifter Emily Campbell, who trains at our world-class David Ross Sports Village, also brought home Olympic bronze.

Off the field of play, our student leaders are a key part in the University and local community. Our Leadership Academy programmes reached over 3,210 young people, many of those from low socio-economic backgrounds. Student leaders also gave up over 81,000 hours of their time to run our 74 sports clubs and together raised over £140,000 for charity.

Our growing reputation for sporting excellence is making a real contribution to the University's student recruitment. In this year's Impact of Sport survey, 63% of students told us sport was a contributing factor in deciding to study at Nottingham and of those, 7% named it the primary factor.

Delivering the above is a gargantuan team effort – a huge thank you to our talented staff and coaches and the hundreds of University of Nottingham student volunteers who work so hard to deliver quality, innovative and exciting programmes for our community.

We would not be able to achieve what we have without our Sports Board, our generous partners, and supporters. We look forward to another fantastic year ahead together.

Please do browse the following pages which bring to life some of the work our talented staff, students and partners have delivered over the last 12 months. If you would like to find out more about University of Nottingham Sport, we would love to hear from you. Please contact us at sport@nottingham.ac.uk.

Dan Tilley
Director of Sport

Sean Nolan
Students' Union Sports Officer 2022/24

THE TIMES
THE SUNDAY TIMES
**GOOD
UNIVERSITY
GUIDE
2024**
**SPORTS
UNIVERSITY
OF THE YEAR**

Over
20,000
students engaging
with our offer



9,074
sports club
members



Over
10,000
members of our local
community reached by
our programmes

£9m
generated for
the University
through sport

2nd
in the overall
university sport
rankings (BUCS)



2.5m
social media
impressions
on sport content

Top
University for
team sport
in the UK



A fundamental pillar of university life

Ensuring regular participation in sport and activity is embedded into campus life is at the heart of our ambitious Vision for Sport. We know that staying active can bring huge benefits and we are committed to reaching two thirds of Nottingham's 39,000 strong student community directly with our programmes.

Our first ever Impact of Sport survey, carried out in May 2024 completed by 1,500 students, demonstrated the clear positive benefits of being engaged with sport and physical activity. **Students who take part in University of Nottingham Sport programmes exhibited higher wellbeing scores and lower anxiety levels than their peers who did not.** 89% said that the sport and physical activity offer has had a positive impact on their Nottingham experience and 88% would recommend University of Nottingham Sport to a friend.

Over 13,500 students held UoN sport and fitness memberships in 2023/24, more than any other UK university equivalent membership. 3,500 of these students possessed our unique Active Living package, where UoN sport and fitness membership plus access to exclusive events is included in all university-owned accommodation. This collaboration with the University's Accommodation team and Res X (Residential Experience), saw 91% of these students engage with us and 76% of those on a weekly basis. A highlight included the University's first ever campus Santa Run attended by over 200 students.

Our three fitness suites saw over 420,000 visits - a 3% increase from the previous 12 months and our expert fitness instructors delivered over 2,400 inductions and personal training sessions. Our class timetable includes over 150 weekly classes and in 2023/24 these were attended a record 57,700 times. On our climbing wall, 1,150 people completed climbing courses, an 11% increase on the previous 12 months.

To ensure we can meet this increasing student-led demand, we have continued to invest in our sector-leading facilities. In December 2023, we completed a £850,000 refurbishment of the fitness suite at David Ross Sports Village. This brought an improved layout, new functional training area, lighter lifting zone and a new feature lighting and sound system.

We also deliver a comprehensive range of high-quality programmes to provide attractive opportunities for all. We offer a Moves app, where students can earn rewards for walking, running, swimming and cycling - ideal for anyone just getting into fitness. Last year the app had over 4,500 active users, 65% of whom didn't hold a UoN sport and fitness membership demonstrating how the programme resonates with this target market.

Our Just Play programme, aimed at beginners and social participants, welcomed 1,700 unique students. The 2023/24 timetable included 52 different sports to try, delivered by 80 student leaders from our university sports clubs. One of the biggest campus sports leagues in the country, our intramural sport programme welcomed 4,000 students into 297 teams across 12 different sports.

Finally, our 74 sports clubs are at the heart of our offer and **9,074 Nottingham students were part of a club in 2023/24**. Across the season, sports clubs delivered over 9,100 training sessions and supported 153 competitive teams in the BUCS league structure. These sports clubs deliver across the breadth of our award-winning offer and their impact can be seen throughout this 2023/24 Review.



"The Black Sport Collective has been an essential haven for me when my journey as an athlete began at university. The community, fun and support has provided a sense of belonging that I was missing in my experience. It has also shown me opportunities for growth and career progression as a Black student that I was unaware of, which will aid me well beyond when I graduate!"

Nia Jackson, Black Sport Student Ambassador



Award-winning inclusive provision

Our Vision is committed to ensuring that University demographics are proportionately represented within the students engaged with sport and physical activity. We deliver a range of award-winning programmes and support which are making a real impact on underrepresented groups, leading the way in the sector.

Firstly, our offer for disabled students and students with a long-term health condition continues to go from strength to strength with increased engagement in our fitness offer, sports clubs and our Just Play programme. **In 2023/24, our team engaged with 3,367 disabled students, a 12% increase on the year prior.** We saw a 20% increase in students joining our disability referral scheme, which offers discounted UoN sport and fitness memberships. To support these students, we delivered over 390 supported 1-2-1 fitness sessions reaching more than double the students than the year prior. Our Wheelchair Basketball club saw a 17% increase in club membership, and their performances on the court earned them a National Championships silver medal.

Our Impact of Sport survey showed that being involved in sport and fitness makes a real difference to these students' experience. 87% of engaged disabled students saw themselves as part of the University community compared with 75% of non-active students.

We've also worked hard to create meaningful supportive communities to encourage new students to engage with sport and fitness here at Nottingham.

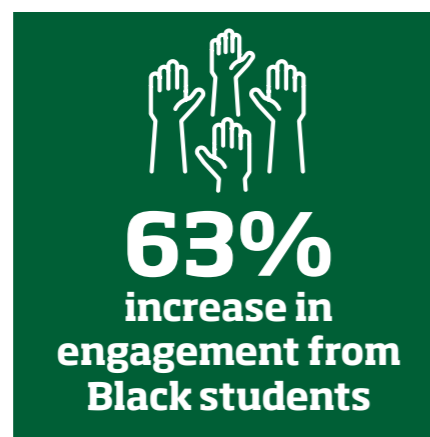
Following extensive research into perceptions, motivations and barriers we launched the Black Sport Collective in September 2023, which helps bring together Black students at the University and provides a support system to inspire and motivate them to excel.

Led by a student leadership team, who all identify as Black or Black/Mixed, the Collective engaged with over 1,000 students through a range of interventions including a Real Talk series, BSC Does and Games Night.

These volunteers have helped to **increase engagement in sport from Black students by 63% compared to 2022/2023** (an increase from 550 to 1,185) and our Impact of Sport survey demonstrated the sense of belonging this brings - 85% of Black students engaged in sport saw themselves as part of the university, compared to just 57% of non-engaged Black students.

Our Empower campaign, delivered for women, trans and non-binary identifying students, was especially effective in encouraging new students to try our offer. We delivered an Empower week in March linked with International Women's Day, as well as four Girls' Night In events, where over 60% of attendees were not UoN sport and fitness members. Our Men's Health Active campaign, focussing on activity and male mental health, added a brand-new Mind over Miles running club to complement their talk shop series delivered with the University's counselling service.

Finally, in December 2023, we celebrated 10 years of Stonewall's Rainbow Laces campaign, celebrating LGBT+ athletes in sport. Our digital Let's Talk series, where students shared their lived experience, made a real impact registering over 250,000 views - one of the University's top five performing content pieces in 2023/24.



A reputation for sporting excellence

Our position as the 2024 Sports University of the Year offers us the opportunity to reach an extensive domestic and global audience, raising the University's international profile and driving recruitment and research.

Our Impact of Sport research showed that **63% of current Nottingham students named sport a contributing factor to choosing to study at Nottingham**, with 7% of those saying it was the primary factor. We therefore understand how important it is to maintain and profile our standards of sporting excellence.

In our 10-year vision, we commit to achieving a podium finish in the British Universities and Colleges Sport (BUCS) rankings - the overall sport league table for over 150 institutions in the UK. In the 2023/24 season, our teams and individual athletes once again posted a record set of performances for Nottingham, **securing us second spot in the BUCS rankings for the fifth year running**.

Our teams won 17 BUCS national championships, including an incredible seventh title in a row for our Men's and Women's Table Tennis squads and a third gold for Women's Hockey. Not to be outdone, **our individual athletes won 147 BUCS medals**, 49 of those gold. Highlights included 14 golds from canoe disciplines, a clean sweep of all the gold medals at the BUCS individual table tennis championships hosted at David Ross Sports Village in November 2023 and six team national titles won at BUCS Big Wednesday in March.

Our student athletes also excelled internationally representing Nottingham. UoN students took Silver in the Women's Team Kata and bronze in the Men's Team Kata at the European Universities Sports Association (EUSA) Karate championship in July.

The 2024 FISU World University Canoe championships in August saw Nottingham paddlers take 5 out of the 6 medals secured by Team GB - three silvers for Thomas Lambert in the 500m, 1000m and 5000m C1 sprints and a silver a-piece for Finn Cadell and Matt Collinge in the K1 5000m sprint and K1 marathon respectively.

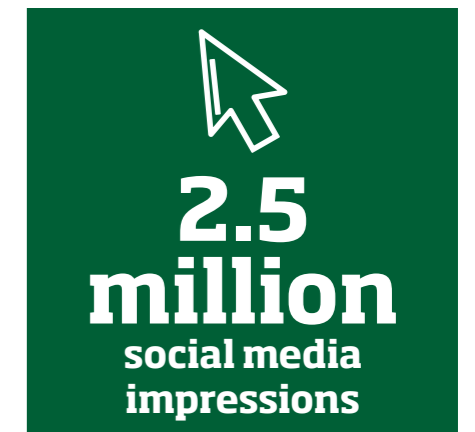
On the world's biggest sporting stage at the Paris Olympic Games, recent graduates Nike Lorenz, Tom Sorsby and Conor Williamson - all former national University champions with Nottingham - were selected to compete in the Hockey competition. Sorsby and Williamson for GB and Lorenz as Germany's captain.

At the Paralympic Games, UNNC alumnus Zhao Shuai became the first ever mixed table tennis champion (Class 17), adding a silver in the men's doubles and a bronze in the men's singles. 2015 graduate Sophie Unwin competed in both road and track cycling disciplines alongside pilot Jenny Holl and reached the podium for all four disciplines. A bronze medal came in the Women's 1,000m time trial B, followed by a second, a first Paralympic Gold, in the Women's 3000m Pursuit B, then another silver in the Road Time Trial B and a huge second gold in the Women's Road Race B.

Our facilities also welcomed a number of high-profile elite athletes to train with us, notably Olympic bronze medallist and hugely popular local Emily Campbell through our partnership with British Weightlifting and the England Roses Netball squad who based their pre-international training camps in Nottingham.

With so much to share, we had the enviable job of telling all these stories to our growing online audience. **Digitally, we remain the most engaging channel in Higher Education sport**, growing faster than any competitor channel (16% in 2023/24). With more than 46,700 social media followers, our content registered over 2.5 million impressions throughout the season.

A highlight of the last 12 months was the University's This is the Place sporting campaign, a professionally shot high-energy video piece featuring the very best of the University's student athletes. The reel alone reached over 144,000 views and remains the University's most watched content to date.



Sophie Unwin, (Classical Civilisation, 2015), celebrates at the 2024 Paris Olympics with guide Jenny Holl.

BUCS team champions - 2023/24

- Archery Indoor - Men’s
- Archery Outdoor - Women’s
- Beach Volleyball - Men’s
- Canoe Slalom - Overall
- Canoe Sprint - Overall
- Canoe Wildwater - Overall
- Duathlon - Men’s
- Fencing - Men’s
- Hockey - Women’s
- Karate - Overall
- Lacrosse - Men’s 6s
- Lacrosse - Women’s 6s
- Softball
- Table Tennis - Men’s
- Table Tennis - Women’s
- Taekwondo
- Tennis - Women’s
- Water Polo - Women’s



Nottingham's Women's Hockey team celebrate their third consecutive national championship title win at BUCS Big Wednesday.

BUCS individual champions - 2023/24

	Sport	Event
Jago Elliott	Archery	Indoor Longbow - Male
Dominic Kelsey, Mohammed Ahmed, Joseph Barton	Archery	Indoor Non-compound - Male
Louisa Piper	Archery	Outdoor Recurve - Female
Hannah Evans, Layla Ninmo, Louisa Piper	Archery	Outdoor Non-compound - Female
Daniel Goriola	Athletics	Indoor 60m Hurdles- Male
Daniel Goriola	Athletics	Outdoor 110m Hurdles - Male
Slater Bird, Robert Morgan	Beach Volleyball	Men’s Championship
Edward Dickinson	Canoe	WWR - K1 Sprint - Male
Edward Dickinson	Canoe	WWR - C1 Sprint - Male

	Sport	Event
Edward Dickinson, Elliott Massey, Finn Johnson	Canoe	WWR - Open Team - Male
Katie Pocklington	Canoe	WWR - K1 Sprint - Female
Finn Cadell	Canoe	Sprint - K1 5000m - Male
Amy Green	Canoe	Sprint - K1 200m - Female
Amy Green	Canoe	Sprint - K1 500m - Female
Bea Clark, Kate Hipkins	Canoe	Sprint - K2 200m - Female
Amy Green, Katie Pocklington	Canoe	Sprint - K1 2 x 200m relay - Female
Amy Green, Katie Pocklington	Canoe	Sprint - K2 500m - Female
Ben Brown	Canoe	Slalom - K1 -Men’s
Edward McDonald	Canoe	Slalom - C1 - Men’s
Ben Brown, Edward Dickinson, Edward McDonald	Canoe	Slalom - Open Team
Tasmin Brown, Rachel Ellis, Macy Kang	Canoe	Slalom - Mixed Team
George Cottrell, Timothy Lane Dennis Matthew, Gabriel Taylor	Cycling	Track - Team Pursuit - Male
Matilda Gurney	Cycling	Track - Individual Pursuit - Female
Eluned King	Cycling	Track - Points - Female
Charlotte Dawson, Matilda Gurney, Gabriella Homer, Eluned King	Cycling	Track - Team Pursuit - Female
James Jeal	Fencing	Foil - Male
Sam Mostowfi	Gymnastics	Artistic Grade 1 - Male
James Harrison	Karate	Individual Kata - Male
James Walker	Karate	-75kg Kumite - Male
James Harrison, Aron Traves, Dylan Traves	Karate	Team Kata - Male
Jordanna Williams	Karate	Individual Kata - Female
Olivia Bates	Rowing	Indoor - Women’s Lightweight
Nathaniel Dawson, Lucas Salmon	Rowing	Regatta - Lightweight 2 x - Open
Hermione Gray	Snowsports	Snowboard Rail Jam - Female
Owen Say	Swimming	50m Freestyle - Male (S8 Para)
Matthew Howell	Taekwondo	WTF -74kg - Male
Mohammad Kaif	Taekwondo	WTF - 80kg - Male
Riya Patel	Taekwondo	ITF -47kg - Female
Shayan Siraj	Table Tennis	Men’s Singles
Shayan Siraj, Shohei Nishi	Table Tennis	Men’s Doubles
Yat Poon	Table Tennis	Women’s Singles
Tin-Tin Ho, Yat Poon	Table Tennis	Women’s Doubles
Shayan Siraj, Tin-Tin Ho	Table Tennis	Mixed Doubles
Rebeka Stoltmár	Tennis	Women’s Singles
Oliver Conway, Simon Davis, Oliver Mills	Triathlon	Men’s Team
Jasper Hilton	Weightlifting	109kg - Male
Isabella Brown	Weightlifting	76kg - Female
Sarah Davies	Weightlifting	71kg - Female
Nikole Roberts	Weightlifting	55kg - Female

Future leaders are created here

University of Nottingham Sport is committed to supporting the development of the leaders of the future and ensuring the support and opportunities are in place to allow these young people to thrive here.

Research carried out by the University of Nottingham's Careers service demonstrated that those who participate in sport at Nottingham are 5% more likely to attain a first class or upper 2nd class degree than their peers who do not. We appreciate correlation doesn't imply causation but there is growing evidence of the positive relationship between participation in sport and improved student outcomes. University of Nottingham Sport is therefore committed to supporting a range of opportunities, training and qualifications to support our students beyond their time with us at Nottingham.

On campus, all our programmes depend on the dedication of our talented student volunteers. Supported by our professional staff, **our 74 sports clubs are all run by student committees - 772 volunteers in total.** These club leaders gave up over 81,000 hours of their time across 2023/24 to lead clubs as presidents, manage finances, coach teams to name but a few of their roles.

Our intramural sports leagues are run by the IMS Executive - all student volunteers - who between them coordinated 3,443 competitive fixtures last season. Our Just Play sessions are delivered by 80 student coaches.

The department also employs over 30 part-time paid student ambassadors who work across all our outreach work as well as for our marketing and communications team.

Formally we coordinate hundreds of additional volunteering opportunities to the above through our Leadership Academy. The Academy offers our students the chance to develop their leadership skills through sport and gain real life work experience on campus and in the community. **In addition to club and programme volunteers, in 2023/24 over 450 students joined the Academy volunteering more than 3,400 hours.**

Highlights included reaching over 3,200 local schoolchildren (see page 16 and 17), launching a brand new Empower leaders programme in partnership with Active Notts and the Youth Sport Trust and being selected as the Official Volunteer Partner to the British Transplant Games hosted across Nottingham city (including David Ross Sports Village). 54 students also obtained an accredited coaching or leadership qualification financed by our Leadership Academy Qualification Fund.

Finally, working closely with the School of Medicine and Health Sciences, our Sports Injury Clinic team supported 80 placement students studying for undergraduate Physiotherapy and Sports Rehabilitation degrees as well as supporting the School's postgraduate taught courses.




"I just want to say thank you for the opportunities that the Leadership Academy has given me. It really gave me an insight into what I want to do in the future, leading to me enrolling onto a teaching course here at Nottingham."

Daisy, Leadership Academy student



5%
more students
involved in sport
attain a 1st or 2:1
degree than their
peers


81,000
hours volunteered
by our sports club
student committees


1,100
students supported
by our Leadership
Academy

An inspiring environment for student athletes

Our comprehensive sports scholarship package and world-class supporting facilities provide an inspirational environment for students to shine, with several going on to excel on the international stage.

For students competing at the elite level of their sport, we offer an award-winning programme of support. **In 2023/24 our expert team supported 154 sports scholars** (including 48 studying at postgraduate level). Their scholarship offers include comprehensive financial support but also access to our leading performance sport facilities, Sports Injury Clinic and lifestyle support.

Our strength and conditioning team delivered over 3,300 hours of training within our world-class High Performance Zone, working with our scholar cohort as well as over 900 other student athletes. Performance lifestyle is a key part of our holistic package, and our trained 35 advisors worked with over 260 students delivering 635 hours of guidance.

We worked with 86 athletes as part of our ongoing partnership with the Talented Athlete Scholarship Scheme (TASS) and **we remain the largest TASS delivery site in the UK**. We were delighted to see staff members David Knapton and Nabil Shah being named TASS Personal Development Practitioner and Physiotherapist of the Year respectively.

We have a team of world-class coaches including Commonwealth and European Badminton champion Chris Adcock, multiple British national badminton champion Rajiv Ouseph and Great Britain Lions Head Coach Jason

“The facilities here are amongst the best in the country – we have everything here in Nottingham and the coaching team were instrumental in my decision to study at the university. The Sports Injury Clinic is vital as well as a strength and conditioning team that really understand disability sport and what my body needs. As a disabled student, having dedicated scholar access to the High Performance Zone is important to ensuring I can maximise my training.”

James Hazell
MSc Business and Management
BUCS National Championship runner up
Team GB Wheelchair Basketball



Senior international representatives 2022/23

Full Name	Sport	Course	Country of Representation
Danylo Szlachetko Blackburn	American Football	MSc Financial Technology	
Finley Old	American Football	PhD Veterinary Medicine and Science	
Jenson Bosworth	American Football	BEng Mechanical Engineering	
Louisa Piper	Archery	BEng Aerospace Engineering	
Beth Gill	Canoe	BSc Natural Sciences	
Finn Cadwell	Canoe	PhD History	
Katie Pocklington	Canoe	MNutr Nutrition & Dietetics	
Lucy Guest	Canoe	BSc Nutrition & Dietetics	
Balint Csengoi	Cycling	BSc Sport & Exercise Science	
Gabriella Homer	Cycling	MSc Applied Sport & Exercise Medicine	
Holly Thompson	Fencing	BA Sociology	
Sam Mostowfi	Gymnastics (Artistic)	BSc Finance, Accounting & Management	
Pete Caughey	Hockey	BSc Finance, Accounting & Management	
Amy Platten	Judo	MRes Neuroscience	
Amelia Clow	Karate	BSc Management	
Dylan Traves	Karate	MArch Architecture	
James Harrison	Karate	BSc Biochemistry & Molecular Medicine	
James Walker	Karate	BSc Finance, Accounting & Management	
Jessica Maitland	Karate	BSc Psychology	
Jordanna Williama	Karate	BSc Sport Rehabilitation	
Nathan Preece	Karate	BSc Biochemistry	
Waleed Alnoumas	Karate	MSc Electrical Engineering for Sustainable and Renewable Energy	
Oliver Francis	Korfball	BEng Aerospace Engineering	
Alexander Davidson	Lacrosse	BSc Management	
Isabella Brand	Lacrosse	BSc Sport & Exercise Science	
Emma Savage	Lacrosse	BMedSci & BMBS Medicine	
Sienna Parekh	Lacrosse	BSc Financial Mathematics	
Emma Stoner	Para Badminton	BA Liberal Arts	
Olivia Bates	Rowing	BVM BVS with BVMedSci Veterinary Medicine	
Anna Kemsley	Rowing	BSc Biotechnology	
Katy Kearsley	Rowing	BVMBVS Veterinary Medicine & Veterinary Surgery	
Lucas Salmon	Rowing	BSc Economics	
Ale Loman	Rugby Union	Erasmus programme	
Niall Treacy	Short Track Skating	BSc Industrial Economics	
Nubia Adjei	Swimming	BSc Medical Physiology & Therapeutics	
James Skelton	Table Tennis	BSc Natural Sciences	
Jasmin Wong	Table Tennis	BSc Physiotherapy	
Mari Balwin	Table Tennis	BA Philosophy	
Shayan Siraj	Table Tennis	MSc Finance and Investment	
Tin-Tin Ho	Table Tennis	BMedSci & BMBS Medicine	
Matthew Howell	Taekwondo	BEng Electronic and Computer Engineering	
Oliver Quick	Volleyball	BSc Financial Mathematics	
Sarah Davies	Weightlifting	MSc International Business	
James Hazell	Wheelchair Basketball	MSc Business & Management	



Inspiring a sense of community

Sport plays a fundamental role in building a sense of belonging both on and off campus. It's a powerful tool to foster meaningful links with our local community and we're proud to have engaged with over 10,000 people beyond our staff and students over the last year.

Within our university community our 2024 Impact of Sport survey demonstrated a clear positive correlation between participation in sport and a sense of belonging. **92% of students who engage in sport stated they felt they belonged at Nottingham (compared with 82% of non-members)** and 88% (compared to 74%) said they felt supported by their university.

Beyond campus, working closely with the University's Widening Participation team, our Leadership Academy students have made a real impact on young people and their knowledge of Higher Education and aspirations to attend university. Overall the Academy reached over 3,200 school children through 15 different programmes.

Targeted programmes included our Secondary Discovery Days, where we welcomed school pupils from predominantly low socioeconomic backgrounds to experience life on campus as a university student and elite student athlete.

Over 720 pupils from 33 different schools attended one of our Discovery Days and we saw a positive impact on those young people's awareness of Higher Education after attending as well as an increased number stating they would consider applying to university.

We continue to work closely with the David Ross Education Trust (DRET), a partnership now entering its eighth year. Their flagship Spring and Winter Cups, Rewards Day and Performance Conference were all hosted at David Ross Sports Village.

Our facilities are also an asset for our local community, and we welcomed thousands of visitors to our sports facilities over the last year. **We have more than 1,500 UoN sport and fitness members from the local community**, including 220 at our Sutton Bonington campus.

Our Swim School welcomed over 1,000 young people for the first time ever this year (1,117 total) - an annual increase of 12%. We delivered more youth climbing wall sessions than ever before - 4,500 total, an increase of 30% - as well as becoming an accredited National Indoor Climbing Award Scheme delivery centre.

As well as treating over 1,500 students, our Sports Injury Clinic also hosted 1,100 patients from the local community. Our expert physiotherapists and clinicians delivered 7,700 appointments from their state-of-the-art David Ross Sports Village facility.

"In my first year, sport volunteering was my way of diving in at the deep end, aiming to make new friends and better my university experience, especially as I was constantly contemplating dropping out. These volunteering opportunities gave me friendships and experiences, increased my confidence, encouraged me to stay at university, and helped me realise that I want to pursue a career in the sport industry."

Isabella, Leadership Academy student



10,000
members of the local
community engaged



92%
of sports participants
feel they belong at
Nottingham



3,210
school children reached
by our Leadership
Academy projects

Sector-leading sustainable delivery

Our Vision is to be recognised as a leader in Higher Education sport for delivering our programmes sustainably, enhancing our positive financial impact on the University.

To achieve this, we work hard to diversify our income to meet our budgetary obligations and reduce our environmental impact. Again, **we have had a record year in terms of major events** hosting as our venues and campus accommodation are considered the leading Higher Education destination for international and national competitions in the UK.

Working alongside Nottingham Venues, we welcomed our first senior international championship to the University – the 2024 World Touch Cup. The event welcomed over 10,000 visitors to the city from over 40 different countries – with an estimated local economic impact of over £10 million. We also hosted the World Indoor Hockey Masters in March and the British Transplant Games in August. Non-sporting events have included visits from the BBC Concert Orchestra, Comicon and the UK University Search events. Major disability sport events, the ParaVolley Europe Golden Euroleague, the Boccia England National Championships and the British Wheelchair Basketball Women's League all took place at David Ross.

We continue to champion environmentally sustainable practices across the full range of our delivery and have **driven a 7% reduction in energy consumption across several of our facilities**.

This includes the introduction of consumption parameters that can provide ‘real time alerts’ to better control consumption. Ongoing experimentation with bespoke lighting and heating schemes, as well as improved absence detection timings have also been key to our goal of fully optimised energy use. New Lime E-Bike stations have been installed alongside our outdoor sports grounds, making it easier for our students, staff and public users to travel more sustainably.

We’ve installed additional water bottle filling stations as well as JOG ON drop off bins for used sporting footwear. Our sports clubs have supported the planting of a further 1,000 trees within university grounds to help our overall offsetting and insetting commitments.

The 2024 Touch World Cup was also billed as the largest and greenest sporting event held in the UK last year. Almost 8,000 kg of carbon dioxide was saved using Geopura’s HPU green hydrogen generator by HyDEX and through a collaboration with Lime E-bikes which saw over 4,400 trips taken on their electric bikes during the event.

Finally, we’re supported by several sponsors and partners who make a significant impact to our programmes. This year we were delighted to roll out new sponsorship packages with Aldi, supporting our BUCS Super Rugby franchise and Lightmain, a leading supplier of outdoor sports facilities and recreational areas. Partnerships are incredibly important to the department and we’d like to take this opportunity to thank all those who have worked alongside us this year.



Official Charity Partner: Children’s Brain Tumour Research Centre		
Sponsors	Partners	National Governing Bodies
Aldi	Active Notts	Badminton England
Lightmain	Activity Alliance	Boccia England
MyProtein	Archon	British American Football Association
Newitts	British Universities and Colleges Sport (BUCS)	British Dodgeball
PlayerLayer	CIMSPA	British Fencing
Redbull	David Ross Education Trust	British Triathlon
VALD Performance	Eleiko	British Weightlifting
	Jogon	British Wheelchair Basketball
	Life Fitness	England Athletics
	London Youth Rowing	England Handball
	Matt Hampson Foundation	England Hockey
	Moderns Rugby Club	England Netball
	National Water Sports Centre	England Squash
	Nottingham Handball Club	England Touch
	Nottingham Hockey Centre	Football Association (FA)
	Nottingham Tennis Centre	GB Short Track Speed Skating
	Nottingham Trent University	Goalball UK
	Nottingham Venues	Indoor Hockey UK
	Notts County Football Club	Lawn Tennis Association
	Nova Centurion Swimming Club	Paddle UK
	Life Fitness	Paralympics GB
	One Stop Promotions	Rugby Football Union (RFU)
	Professional Games Match Officials League	Swim England
	Portland College	Table Tennis England
	Power Player	UK Ultimate
	Premier League	Volleyball England
	Rainbow Parents Carers Forum	
	Richard Whitehead Foundation	
	Sports and Play Construction Association	
	Sporting Wellness	
	Street Games	
	Talented Athlete Scholarship Scheme (TASS)	
	Tiger European	
	UK Anti -Doping	
	UKSCA	
	University of Nottingham Students’ Union	
	Visit Nottinghamshire	
	Watt Bike	
	Wheelpower	

£10m

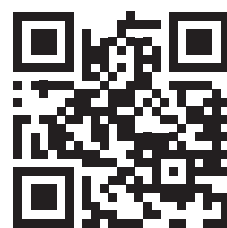
estimated economic value of Touch World Cup to Nottingham

7%

reduction in energy consumption for selected facilities

£9m

generated for the University through sport



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University of Nottingham's Ice Hockey team face off against local rivals Nottingham Trent University in the 2024 Nottingham Varsity Series. The fixture, hosted at Nottingham's Motorpoint Arena, welcomed a sellout crowd of over 5,700 spectators.