

RETurn to work After stroke (RETAKE) Trial

Participant Newsletter September 2021



www.retake.org.uk

[@RETAKestroke](https://twitter.com/RETAKestroke)



A message from Dr Kate Radford, Chief Investigator.

I am delighted to tell you RETAKE has been granted 24 months additional funding to complete the trial. This reflects how important the trial is to the National Institute of Health Research (the research arm of the NHS) and the public including stroke survivors, their families and employers.

We want to know whether providing early support with returning to work in addition to usual NHS rehabilitation is better than NHS rehabilitation alone at helping people return to and remain in work by 12 months after stroke.

Covid-19 has played havoc with people's working lives, making it even more important for us to find the answer to this question for stroke survivors.

Contact us:

Kate.Radford@nottingham.ac.uk or RETAKE@leeds.ac.uk



RETAKE – What's the plan?

To complete the study following the pandemic involves reducing the target number of participants from 760 to 583 and extending recruitment until February 2022. 11 sites have re-opened (we had 16 before lockdown) and 506 participants have been recruited. We only need another 77 but **we must recruit at least 10 participants in August, September and October to show recruitment is still possible.**

THANKS to stroke survivor Martin Coult who has developed a **RETAKE** website www.RETAKE.org.uk. This is where we will share the study findings and link to ongoing work. Your comments and suggestions for making it more stroke friendly are welcome – Please take a look ...

BIG ASK Please keep sending back your questionnaires especially the one at 12 months – as the success of the trial depends on this. **We need them back from everyone even if you did not receive any help or haven't returned to work.** All information- is important. It will help answer the study questions.

STAFF CHANGES. Farewell Vicki! Senior Trials manager, who is leaving for pastures new. We wish her well and **Welcome Marissa Arfan** and **Florence Day**, who will manage the trial until Vicki is replaced.

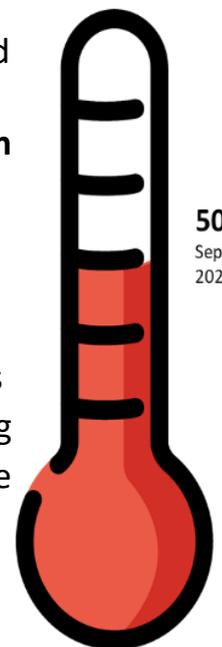
Goodbye to **Kristelle Craven** and **Sara Clarke**, our research assistants who have worked tirelessly to collect and analyse interview data and gather questionnaire data by phone throughout the pandemic. You may have spoken to them!

RECRUITMENT

Target

583

February 2022



506

September
2021



A paper describing the trial can be found here: <https://trialsjournal.biomedcentral.com/articles/10.1186/s13063-020-04883-1>

A paper describing how we supported the Occupational Therapists to deliver the RETAKE intervention is due to be published shortly. See www.RETAKE.org.uk